PCSWB20 - SOCIAL CASE WORK

Year	SEM	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks
1	1	PCSWB20	Social Case Work	Theory	Core	5	4	100

COURSE OBJECTIVES

- To understand the values and principles of social work and to develop the capacity to practice them.
- To develop in students an understanding of and an ability to adopt a multidimensional approach in assessment and intervention.
- To understand and apply the models of case work practice in different settings.
- Comprehend theory, models and approaches of social case work.

COURSE OUTCOME

After completion of the course the students will be able to attain the following outcomes,

CO1: Analyze and practice the basic philosophy, principles and values of social work as a method of social work.

CO2: Effectively understand the scope of social work
.
CO3: Study and support the application of theories and models in addressing the problems of individuals

CO4: Appreciate and practice the basic philosophy, principles and values of social work as a method of social work.

CO5: Acquire skills in recording, reflecting and evaluating on the work to grow professionally

CO/PSO	PSO					
	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	H	H	H	M	H	H
CO2	H	H	H	H	H	H
CO3	H	M	H	H	H	H
CO4	H	H	H	H	H	H

CO/PO	PO					
	PO1	PO2	PO3	PO4	PO5	PO6
CO1	H	H	H	H	H	M
CO2	H	H	H	M	H	H
CO3	M	H	H	H	H	H
CO4	H	H	H	H	H	M
CO5	H	M	M	H	M	H

(Low - L, Medium – M, High - H)

Unit I: Historical Development   (15 hours)

1.1 Historical development of social casework as a method of social work practice **(K2,K1)**

1.2 Scope and limitations **(K2,K1)**

1.3 Objectives of working with individuals **(K3,K2)**

1.4 Values Worth and dignity of clients, uniqueness and individuality, problem solving capacity and self-determination, confidentiality and mobilizing resources **(K4,K3)**

1.5 Principles of acceptance, individualization, client participation, controlled emotional involvement. **(K5,K3)**

Unit II: Different Process of Case Work   (15 hours)

2.1 Components: Person and family, problem, agency resources and process **(K5,K3)**

2.2 Phase 1 – Exploration of person in environment, multi-dimensional assessment and planning.

2.3 Multidimensional intervention **(K6,K5,K3)**

2.4 Phase II – Implementing and goal attainment. **(K6,K5,K3)**

2.5 Phase III – termination and evaluation, follow up. **(K6,K4)**

Unit III: Tools and Techniques of Case Work   (15 hours)

3.1 Techniques in Case work **(K5,K3)**

3.2 Supportive Techniques: acceptance, assurance, ventilation, emotional support, action oriented support and advocacy **(K5,K3)**

3.3 Enhancing resources techniques, procuring material help, environment modification and enhancing information **(K6,K4,K2)**

3.4 Counseling techniques- Reflective discussion, advice, motivation, clarification, modeling, role-playing, reality orientation, partialisation, confrontation and reaching out **(K5,K4,K2)**

Unit IV: Supporting Tools   (15 hours)

4.1 Casework tools: Verbal and non-verbal communication, listing, observation, questioning, giving feedback **(K6,K3)**

4.2 Interviewing process, home and collateral contacts. **(K4,K2,K1)**

4.3 Recording: Meaning, uses **(K2,K1)**

4.4 Principles and types of recording **(K3,K4)**

4.5 Narrative, process and summary – **(K3,K1)**

4.6 Use of Genogram and Eco map in records. **(K4,K3,K2)**

Unit V: Rapport building Process   (15 hours)

5.1 Use of relationship in the helping process **(K4,K3,K2)**

5.2 Empathy, nurturing **(K3,K2)**

5.3 Authority, professional **(K3,K2)**

5.4 Fostering clients growth **(K3,K2)**

5.5 Problems in helping relationship, resistance, **(K5,K3,K2)**

5.6 Transference and counter transference. **(K5,K3,K2)**

Books for Study and Reference:

1. P.K.Upadhyey – Social Case Work – Rewat Publications, Jaipur, 2003.
2. Prakash M. Katare – Social Work and Rural Development – Arise Publishers & Distributors, New Delhi, 2006.
3. Sanjay Bhattacharya – Social Work: An Integrated Approach – Deep and Deep Publications, New Delhi, 2005.
4. V.Ramamurthy – Guidance and Counselling of HIV/AIDS – Tarum Offset, New Delhi, 2004.
5. S. Narayanan Rao – Counselling and Guidance, 2nd Edition – Tata McGraw Hill Publishing, New Delhi, 2006.
6. Helen Harris Pearlman – Social case work-A problem solving process – university of California press - 2002
7. Grace Mathew – An introduction to Social case work – Tata Institute of social sciences – 1992 -Mumbai

PCSWC20 – SOCIAL GROUP WORK

Year	SEM	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks
I	I	PCSWC20	Social Group Work	Theory	Core	5	4	100

COURSE OBJECTIVES

● To understand the significance of the group in the society.

● To acquire knowledge on Group dynamics.

● To understand values and principles of group work.

● To develop skills to apply group method for developmental and therapeutic work.

● To understand social group work as a method of social work

COURSE OUTCOMES

After completion of the course the students will be able to attain the following outcomes

CO1: Develop the students on the activities of group work process, types of group, characteristics of group, group dynamics and plan interventions based on appropriate Group Work models

CO2: Understand the significance of Social Group Work

CO3: Acquire knowledge, skills and values in practicing Social Work with Groups through Programme Planning

CO4: Examine the role of group worker in different settings

CO5: Acquire skills in recording and evaluation

CO/PSO	PSO					
	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	H	H	M	H	H	M
CO2	H	M	H	H	M	H
CO3	M	H	H	M	H	H

CO/PO	H	H	M	H	H	M
CO4	H	H	M	H	H	M
CO5	H	M	H	H	H	M

CO/PO	PO					
	PO1	PO2	PO3	PO4	PO5	PO6
CO1	M	H	H	H	H	M
CO2	M	H	H	H	H	H
CO3	M	H	H	H	H	H
CO4	H	H	H	M	H	H
CO5	M	H	H	H	H	H

(Low - L, Medium – M, High - H)

Unit I: Social Group (15 hours)

1.1 Meaning, Definition, Characteristics, **(K3,K1)**

1.2 Reasons for group formation, **(K3,K2)**

1.3 Types of groups, **(K3)**

1.4 Stages of group development, **(K4,K3,K2)**

1.5 Models of group work, Group dynamics **(K4,K3,K2)**

1.6 Membership, Cohesiveness, Group norm, Bond, Attraction, Communication and Interaction pattern, Problem solving, Goal setting, Mutual aid. **(K5 K3,K2)**

Unit II: Social Group Work (15 hours)

2.1 Definition, Objectives **(K3,K1)**

2.2 Principles of Group work , Historical development of group work in India **(K3,K2)**

2.3 Values and Characteristics of group work**(K6,K3,K2)**

2.4 Goals and Functions of group work **(K5,K3)**

2.5 Relationship between Casework and Group work **(K4,K3,K2)**

2.6 Group work process - Intake, Study, Diagnosis, Treatment, Evaluation, Termination and Follow-up**. (K6,K4,K3,K2)**

Unit III: Programme Planning (15 hours)

3.1 Meaning of Programme Planning **(K2,K1)**

3.2 Purpose of Programme Plannning **(K3,K2)**

3.3 Principles of program planning **(K4,K3,K2)**

3.4 Importance of programme in group work, **(K5,K2)**

3.5 Role of group worker in programme planning **(K4,K2)**

3.6 Programme laboratory values, tools and techniques - Games, Singing, Dancing, Dramatics, Street play, Puppetry, Role play, Group discussions, Social drama, Brain storming, Camping - Sociometry and Sociogram. **(K6,K5,K2)**

Unit IV: Application of Group Work and Role of Group Worker (15 hours)

4.1 Group work in family service agencies, Hospitals, Correctional agencies, Schools, Urban and Rural Community development settings **(K6,K4)**

4.2 Limitation of group work practice **(K3,K2)**

4.3 Qualities of group worker **(K4,K3)**

4.4 Leadership, Supervision -Meaning and definition **(K2,K1)**

4.5 Theories and qualities of a leader **(K5,K3)**

4.6 Role of group worker. **(K6,K2,K1)**

Unit V: Group Work Recording and Evaluation (15 hours)

5.1 Recording in group work, Meaning, **(K2,K1)**

5.2 Purpose, Principles of recording **(K5,K4,K2)**

5.3 Contents of group work records **(K3,K2)**

5.4 Types of records **(K2)**

5.5 Evaluation - purpose, Content of Evaluation, Evaluation of Group, **(K4,K3)**

5.6 Evaluation of Member's contribution to group**.(K3,K2,K1)**

Books for Study and Reference:

1. David W.Johnson, Frank P Johnson – Joining Together Group Therapy and Group Skills – 6th edition, Allyn and Bacon Publications, U.S.A., 1997.
2. Sanjay Bhattacharya – Social Work: An Integrated Approach – Deep and Deep Publications, New Delhi, 2005.
3. Mark Doel and Catherine Sawdon – The Essential Group Worker – Teaching and Learning Creative Group Work - Jessica Kinsley Publishers, London, 1999.
4. M.R.Kamble – Social Work with Children – Sheetal Printers, Jaipur, 2007.
5. Gisela Konopka – Social group work – A helping process – prentice hall college div – 1983.
6. Tom Douglas – Basic Group work – Routledge, 2000.
7. S.Rengasamy – Student's Guide to Social Group Work - Second Draft, Tamilnadu, 2010.

8. Charles H.Zastrow – Social Work with Groups - New Delhi, 20

PCSWE20 - HUMAN GROWTH AND PERSONALITY DEVELOPMENT

Year	SEM	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks
I	II	PCSWE20	Human Growth and Personality Development	Theory	Core	5	4	100

COURSE OBJECTIVES:

- To obtain an understanding of human behaviour in relation to the society.
- To equip the students of social work with understanding of human behaviour and personality development models.
- To introduce the students to the various fields of Psychology.

COURSE OUTCOME

After completion of the course the students will be able to attain the following outcomes.

CO1: Summarize the relevance of psychology for social work practice

CO2: Understand the psychological bases and processes involved with cognition, learning, behavior and personality development

CO3: Obtain an insight to factors contributing to development of personality

CO4: Explore the concept of social psychology and application of psychological tests.

CO5: Explore the developmental stages of life from a psychological perspective.

CO/PSO	PSO					
	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**
CO1	H	H	M	H	H	M
CO2	H	M	H	H	M	H
CO3	M	H	H	M	H	H
CO4	H	H	M	H	H	M

CO/PO	PO					
	PO1	PO2	PO3	PO4	PO5	PO6
CO5	H	M	H	H	H	M

CO/PO	PO					
	PO1	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO1	H	M	M	H	H	H
CO2	H	H	H	H	M	H
CO3	H	H	H	H	M	H
CO4	H	M	M	H	H	H
CO5	H	H	H	H	M	H

(Low - L, Medium – M, High - H)

Unit I: Psychology (15 hours)

1.1 History of Psychology**---(K2,K1,K3)**

1.2 Definition of psychology**—(K1,K2)**

1.3 Meaning of Psychology—**(K2,K1)**

1.4 Methods of psychology**-(K4,K3,K2)**

1.5 Scope of psychology**---(K6,K4,K3)**

1.6 Relevance of psychology in social work profession**---(K6,K5,K4)**

Unit II: Psychological functions (15 hours)
2.1 Psychological functions **(K6,K5,K4)**

2.2 Memory process—registration, retention and recall---**(K6,K4,K3)**

2.3 Intelligence- concept,levels and influence of hereditary and environment**—(K5,K6,K4,K3)**

2.4 Motivation—concepts types and influence on human behavior**—(K4,K2,K3)**

2.5 Emotions nature and characteristics--- **(K4,K3,K2)**

2.6 Emotional expressions—**(K5,K4,K3,K2)**

Unit III: Personality (15 hours)
3.1 Personality definition, concept,structure**---(K3,K2,K1)**

3.2 Psychoanalytic approach**---(K6,K5,K4,K3)**

3.3 Behavioural approach**--- (K6,K5,K4)**

3.4 Humanistic approach**----(K6,K5,K4)**

3.5 Attitude and Prejuidice definition ,formation and maintenance**—(K4,K5,K2,K1)**

3.6 Influence of attitude on behavior and factors influencing attitude change **(K6,K5,K4)**

Unit IV: Psychological Tests   (15 hours)

4.1 Psychological tests and Aptitude ---(**K6,K5,K4**)

4.2 Psychopathology---(**K4,K5**)

4.3 Scales developed to study human behavior---(**K6,K5,K4**)

4.4 Adjustment and maladjustment—(**K5,K4**)

4.5 Stress, Frustrations, Conflicts---(**K5,K4,K3**)

4.5 Defense Mechanisms—(**K5,K4.K2**)

Unit V: Development Psychology   (15 hours)

5.1 Developmental psychology meaning, definitions principles**---(K2,K1)**

5.2 Stages of development conception, prenatal**—(K4,K2,K3)**

5.3 Infancy, Babyhood,childhood---(**K4,K3,K2**)

5.4 Puberty and adolescence---(**K5,K4,K3**)

5.5 Adulthood, meddleage and old age**—(,K5,K4)**

5.6 Sociol factors influencing development**—(K6,K5,K4)**

Books for Study and Reference:

1. Morgan, Clifford .T, King A. Richard Weisz, John.,R. Schopler John - Introduction to Psychology - Ronald Press, New York, 1977.
2. Munn L.Norman, Fernald Dodge C.Fernald Peter S., Leonard Carmicheal - Introduction to Psychology - A.I.T.B.S Publishers, New Delhi, 2007
3. Hurlock Elizabeth B. – Personality Development - Tata, McGraw, Hill Publishing Company, New Delhi, 2005.
4. Park & Park - Textbook of Preventive and Social Medicine - M/S. Banarsidas Bhanot Jabalpur, 2005
5. Shakuntala Devi - Principles of Social Psychology - Raj Publishing house, Jaipur, 2004
6. S. Kumar - Principles of Developmental Psychology - Anmol Publications, New Delhi, 2002.
7. A.R. Rathur - Psychology of Learning and Development - Discovery Publishing house, New Delhi, 2004.
8. N.M. Tiwari - Child Psychology - Saurahb Publishing house, New Delhi.
9. Papalia, Olds Feldman - Human Development, 9th Edition - Tata McGraw Hill Publishing Company, New Delhi, 2004.
10. Duane P. Schultz - Theories of Personality, 8th Edition - Thomson, Wordsworth India, UK, US, Singapore, 2005.
11. K.c. Shukla, Tarachand - General Psychology - Commonwealth Publishers, New Delhi, 2007
12. Cooper, Mcgaugh - Integrating Principles of Social Psychology - Eurasia Publishing House, New Delhi.

13. Rajiv K. Mishra - Personality Development - Rapa & Co. New Delhi.

SEMESTER II
(M.A./M.Sc/M.Com/M.B.A/M.S.W)
PNHRA22 – HUMAN RIGHTS

Year	SEM	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks
I	II	PNHRA22	Human Rights	Theory	Core	2	2	100

COURSE OBJECTIVES :

- To develop respect for Human Rights and encourage students to stand for Social Justice
- To create awareness on the Indian legal system, rule of law and human rights perspective in India.
- To make students to understand the goals of Human Rights Education

- To sensitize students for the application of human rights to the various practice domains of the different profession

- To understand the functioning of Union, State and Local Governments in Indian federal system

COURSE OUTCOMES :
After completion of the course the students will be able to attain the following outcomes**,**

CO1 : Obtain knowledge and understand about fundamental Human Rights

CO2 : Understanding of the concepts of Indian constitution and to emphasize its importance

CO3 : Promote knowledge in understanding the concept of Universal Declaration and International Covenants on Human Rights.

CO4 : To strengthen the promotion and protection of human rights around the globe

CO5 : Promote awareness on the Indian legal system, rule of law, human rights related policies, Acts and movements

CO/PSO	PSO					
	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	M	M	H	H	H	H
CO2	H	M	H	H	H	H
CO3	H	M	H	H	H	H
CO4	H	H	H	M	H	H
CO5	H	H	H	H	H	H

CO/PO	PO					
	PO1	PO2	PO3	PO4	PO5	PO6
CO1	H	M	H	M	H	H
CO2	M	M	H	H	H	H
CO3	M	M	H	H	H	H
CO4	M	H	H	H	H	H
CO5	M	H	H	H	H	H

UNIT I : INTRODUCTION TO HUMAN RIGHTS
1.   Human Rights – Introduction

2.   Meaning and definition

3.   Origin and Development

4.   Elements of Human Rights

5.   Kinds of Human Rights -Civil and Political rights

6.   Social ,Economic & Cultural rights

UNIT II : INDIAN CONSTITUTION AND HUMAN RIGHTS
1.   Indian Constitution -Meaning- Definition, Classification

2.   Features of India Constitution, Federalism

3.   Preamble, Fundamental Rights

4.   Directive Principles of State policy

5.   Right to constitutional Remedies, PIL, Different Courts

6.   Constitution of Human Rights Court, Right to Information Act, 2005(RTI)

UNIT III : UNIVERSAL DECLARATION AND INTERNATIONAL COVENANTS ON HUMAN RIGHTS
1. Universal declaration – Meaning & concepts

2.   Provisions of universal declaration of Human Rights

3.   Effects and influence of Universal Declaration

4. Distinction between the Indian constitution and Universal Declaration

5. International covenants on civil & Political Rights ,1966 (ICCPR)

6.   International covenants on Economic, social and cultural rights, 1966 (ICESCR)

UNIT IV : UNITED NATIONS AND HUMAN RIGHTS

1. Provisions relating to human rights under UN charter

2. Through principal organs, UN Commission on Human Rights

3. UN charter based institutions, UN specialized Agencies

4. Human Rights and Domestic Jurisdiction

5. United Nation Convention against Torture (UNCAT)

6. Convention on the Protection of the Migrant Workers

UNIT V : HUMAN RIGHTS AND DIFFERENT POLICIES

1. Anti Human Trafficking and Protection of Human Rights Act,1993

2. Policies and Acts, National Policy for Children 2013, Juvenile Justice Act 2000,

3. POCSO Act 2012

4. National Policy for Empowerment of women 2001, The Sexual Harassment of Women at Workplace Act 2013,

5. National Human Rights commission, State Human Rights Commission

6. Farm Bill 2020, CAA,NRC,NPR, New Educational Policy 2020.

REFERENCE ITEMS: BOOKS, JOURNAL

1. Protection Of Human Rights Act, 1993.
2. Constitutional Law of India (3 Volumes) by Seervai H.M 2015
3. The Human Rights Watch Global Report On Women's Human Rights 2000 Oxford Publication
4. RS Sharma Perspectives In Human Rights Development
5. Julies Stone Human Law And Human Justice 2000 Universal Publication
6. Research Handbook On International Human Rights Law, Edited By Sarah Joseph &
7. Edited By Sarah Joseph, Edward Elgar Publishing Limited USA

SEMESTER III – SPECIALIZATION – II B

PSHRB20 – HUMAN RESOURCES MANAGEMENT

Year	SEM	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks
II	III	PSHRB20	Human Resources Management	Theory	Core	5	4	100

COURSE OBJECTIVES

- To help students acquire knowledge in Human Resources Management.
- To understand the various functions of Human Resources Management.
- To develop the skills and attitudes required of a successful HR professional.

COURSE OUTCOME
After completion of the course the students will be able to attain the following outcomes,

CO1 : Acquire and build the appropriate knowledge base to Human resource management.

CO2 : Contribute to the development, implementation and evaluation of employee recruitment, selection and retention plans and processes.

CO3 : Gain knowledge on corporate culture related to social issues in the work place.

CO4 : Acquire the skills of comprehending a multi-stakeholder perspective in viewing workplace issues

CO5 : Develop implement and evaluate organizational development stratigies aimed at promoting organizational effectiveness.

CO/PSO	PSO					
	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**
CO1	H	H	M	H	H	M
CO2	H	M	H	H	M	H
CO3	M	H	H	M	H	H
CO4	H	H	M	H	H	M
CO5	H	M	H	H	H	M

CO/PO	PO					
	PO1	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO1	H	H	M	H	H	M
CO2	M	H	M	H	H	H
CO3	H	M	H	M	H	H
CO4	H	H	M	H	M	H
CO5	H	M	M	H	H	H

(Low - L, Medium – M, High - H)

UNIT-I - Introduction To Management Definition   (15 hours)

1.1 Definition,Functions and Principles of management**----(K4,K2,K1)**

1.2 Role and types of managers and managerial skills and roles**----(K5,K4,K3)**

1.3 Evolution of Management,Scientific, human relations, system and contingency approaches—(-K6,K4,K3)

1.4 Types of business organization,Sole proprietorship,partenership and public and private sector enterprises—(-K5,K4,K3)

1.5 Organisational culture and environment---(K6,K5,K4)

1.6 Current trends and issues in management—(K6,K5,K4,K3)

UNIT-II - Perceptive In Human Resource Management   (15 hours)

2.1 Evolution of human resource management---(K6,K5,K3)

2.2 Importance of the human factor and objectives of human resource management---(K5,K4,K2)

2.3 Inclusive growth and affirmative action---(K6,K4,K3)

2.4 Role of human resource managers---(K6,K4,K3,K2)

2.5 Human resource policy—(K6,K5,K4,K2)

2.6 Human Resource Indormative System, Human resource accounting and audit---(K6,K5,K4,K3)

UNIT-III - The Concept Of Best Fit Employee   (15 hours)

3.1 Importance of human resource planning (K4,K5,K3)

3.2 Forecasting human resource requirement, Internal and external sources---(K4, K5,K3,K2)

3.3 Selection process screening, tests, validation,interview (K6,K5,K4)

3.4 Recruitment Introduction and importance----(K6,K5,K4)

3.5 Medical examination---(K5 K4)

3.6 Socialization benefits---(K6,K5 K4)

UNIT-IV - Training And Development   (15 hours)

4.1 Types of training methods,training needs and importance- (K6,K4 K2)

4.2 Common practices,bench marking, competency, mapping and industry practices---(K5,K4)

4.3 Benefits, self development, knowledge management---(K5,K4,K3)

4.4 Compensation plan, recognition,reward---(K5,K4,K6)

4.5 Motivation, theories of motivation---(K4,K3,K2)

4.6 Career management,Development of mentor,Protégé relationship- (K6,K5)

UNIT-V - Performance Evaluation And Control Process   (15 hours)

5.1 Methods of performance evaluation, feedback- **(K6,K4,K3)**

5.2 Industry practiceses, Promotion, Demotion, Transfer and Seperation- **(K5,K4,K3)**

5.3 Implication of Job change,,control process,importance and method **-(K6,K5,K3)**

5.4 Requirement of effective control systems grievances and causes**---(K5,K4)**

5.5 Redressal methods- **(K6,K5,K4)**

5.6 HR- ethics—(**K6,K5,K3)**

Books for Study and Reference:

1. SS.Khanka – Human Resource Management – S.Chand & Company Ltd., New Delhi, 2003, First Edition.
2. P.C.Tripathi – Personnel Management and Industrial Relations – Sultan Chand & Sons, New Delhi, 2005.
3. Flippo Edwin – Personnel Management – Tata McGraw Hill Book Company.
4. K.Aswathappa - Human Resource Management - Tata McGraw Hill Publishing Company Ltd., New Delhi, 2008.
5. R.N.Gupta – Principles of Management – S.Chand & Company Ltd., New Delhi, 2005.
6. S.Yuvaraj – Human Resource Development – Vrinda Publications (P) Ltd., New Delhi, 2003.
7. P.Parthasarathy – Principles of Management – 2nd Edition, Vrinda Publications (P) Ltd.

SEMESTER III - SPECIALIZATION - III B

PSMSB20 - INTRODUCTION TO PSYCHIATRY AND MENTAL HEALTH

Year	SEM	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks
II	III	PSMSB20	Introduction to Psychiatry and Mental Health	Theory	Core	5	4	100

COURSE OBJECTIVES

● To understand the concept of Mental Health, and acquire knowledge in mental disorders, stress and coping in the context of holistic health.

● To develop skills in identifying mental disorders in health settings and community

● To understand the characteristics of positive mental health.

COURSE OUTCOME

After completion of the course the students will be able to attain the following outcomes,

CO1: Understand the context of practice of Psychiatric Social Work

CO2: Learn and understand the concept of mental disorders and their management

CO3: Acquire skills to identify, understand and assess mental disorders

CO4: Gain competencies in knowledge, skills and attitude in managing mental disorders through understanding and practice of Psychiatric Social Work approaches

CO5: Appreciate the importance and role of psychiatry social worker in development

CO/PSO	PSO					
	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**
CO1	H	M	H	H	H	H
CO2	H	H	M	H	H	H
CO3	H	H	H	H	H	H
CO4	H	H	H	H	H	M
CO5	H	M	H	H	H	H

CO/PO	PO					
	PO1	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO1	H	M	M	M	H	H
CO2	H	H	H	M	M	H
CO3	H	H	H	H	M	H
CO4	H	H	H	H	H	H
CO5	H	M	M	M	M	H

(Low - L, Medium – M, High - H)

Unit I: **(15 hours)**

1.1   Definition of Psychiatry, Psychopathology, Psychiatric social work **(K1,K2)**

1.2   History and Scope of Psychiatric Social Work, changing perceptive of psychiatric social work **(K2,K3,K4)**

1.3   Mental Health:- Definitions, meaning, Concept, Principles(K2,K3,K4)

1.4   Factors necessary for promotion of Mental Health, **(K3,K4,K5)**

1.5   Characteristic of Mentally Healthy Individual. Misconceptions towards mentally ill - Problems faced by mental ill people **(K4,K5,K6)**

1.6   Introduction ICD and DSM., (K1,K2,K3)

Unit II: **(15 hours)**

2.1   Definition of a psychiatric disorder, Features of disturbances in bodily functions **(K1,K2)**

2.2   Signs and symptoms of common mental illness, Causes of mental illness –**(K2,K3)**

2.3   Psychiatric Assessment - History taking and mental status examination - multi dimensional assessment of mental disorder in psychiatric social work. **(K3)**

2.4   Classification of mental disorders:-symptoms, causes and treatment of, **(K3,K4)**

2.5   Psychosis: *Functional* - schizophrenia, *Affective* - Mania, Depression, Unipolar, Bipolar, Cyclic, *Organic* - acute and chronic. Neurosis: - Anxiety neurosis, Depressive neurosis, Hysterical neurosis, OCD, Phobic neurosis.**(K1,K2)**

Unit III: **(15 hours)**

Special disorders:-

3.1   Causes of psychiatric disturbance in childhood, definition of disturbance**(K1,K2)**

3.2   Childhood disorders:- Autism, Childhood schizophrenia, Attention deficit and hyper activity disorder **(K2,K3,K4)**

3.3   Behavior problems in children:

1. Problems Antisocial in Nature

2. Habit disorders

3. Personality disorders

4. Psychosomatic complaints

5. Educational difficulties - Disorders associated with eating, speech, and sleep, scholastic backwardness, identify crisis. **(K2,K4,K5,K6)**

Unit IV: **(15 hours)**

4.1 Personality disorders, psycho-physiological Disorders, alcoholism, Drug abuse, and suicide **(K1,K2)**

4.2 Mental retardation, Alzheimer's Disease, Sexual Deviation, Epilepsy, Culture Bound Syndrome **(K2,K3)**

4.3 Different Mental Health Act 2017. **(K2, K4)**

Unit V: (15 hours)

5.1 Stress and coping mechanism, Emergencies in psychiatry **(K2,K3)**

5.2 Different kinds of Therapies/ Clinical Social Work **(K2,K3)**

5.3 Role and functions of psychiatric social work and the qualities of psychiatric social worker, Act on disaster management and pandemic related act in Medical Social Work**. (K3,K5)**

Books for Study and Reference:

1. Abelin T. Brzenski and V.D. Carstaris - Measurements in Health Promotion and Protection - Copenhagen, WHO.
2. Alderson M - An Introduction to Epidemiology - London: Macmillan, 2nd Ed. 1983.
3. Francis C.M. - Promotion of Mental Health with Community Participation - Kerela: The Center for Health Care Research and Education, 1997.
4. Jay, Pee - Diagnostic and Statistical Manual of Mental Disorders (DSM IV) - New Delhi: Oxford Press, 1994.
5. Kaplan, Saddock - Synopsis of Psychiatry 7th Ed. New Delhi: BI Waverly Pvt. Ltd.,
6. Kappur M. Sheppard Child Mental Health - Proceedings of the Indo - Us symposium.
7. Mane P. & Gandevia K. - Mental Health in India Issues and Concerns - Tata Institute of social sciences, Mumbai, 1994.
8. Shepard, Micheal et al - Childhood Behavior and Mental Health - London: University Press, 1971.
9. World Health Organization. Geneva - The ICD 10 Classification of Mental and Behavioral Disorders, Clinical Description and Diagnostic Guidelines - Oxford University Press, 1992.
10. James Morrison - DSM - IV Made Easy - The Guidford Press, New York / London
11. Dr. S. Radhakrishnan - Encyclopedia of Social Work in India, Vo. I, II & III. - The Planning Commission, Govt, of India, 1968.
12. S.K. Mangal - Abnormal Psychology - Sterling Publisher & Private Limited, 1987.
13. C.P. Yadav - Encyclopedia of Social Work and Community Organization, Vol. II - Anmol Publications (P) Ltd., New Delhi, 2007.

SEMESTER III

PISWC20- IEC- COUNSELLING

Year	SEM	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks
II	III	PISWC20	IEC-Counselling	Theory	Core			100

COURSE OBJECTIVES
- To develop a basic understanding of theory and skills in counseling.

- To learn the different approaches and to develop an eclectic approach to counseling.
- To integrate counseling skills in social work practice.

COURSE OUTCOME
After completion of the course the students will be able to attain the following outcomes,

CO1: Understand the basics of counseling and Guidance

CO2: Obtain knowledge on theories of Counseling.

CO3: Able to develop application of various counseling techniques with special groups

CO4: Understand linkages of Counseling and Guidance in Social Work

CO5: Demonstrate knowledge and skills related to building, maintaining, and utilizing counseling relationship to address mental health issues and meet client goals.

CO/PSO	PSO					
	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	H	H	H	H	M	H
CO2	H	M	H	H	H	H
CO3	H	H	M	H	H	M
CO4	H	H	H	M	H	H
CO5	H	H	H	H	M	H

CO/PO	PO					
	PO1	PO2	PO3	PO4	PO5	PO6
CO1	M	H	H	M	H	H
CO2	M	H	H	M	H	H
CO3	M	H	H	H	H	H
CO4	M	H	H	M	H	H
CO5	H	H	H	H	H	H

(Low - L, Medium – M, High - H)

Unit I :   Introduction

1.1 Counseling: Concept ,Definition **(K1, K2)**

1.2 Principles and goals **(K2,K3)**

1.3 Factors influencing counseling process **(,K2,K3,K4,K5,)**

1.4 Counselor as a professional; attitudes., values, beliefs, relationship, burn-out stress management, self-renewal. **(K1,K2, K3)**

1.5 Client as a person: Voluntary and non-voluntary client, **(K2, K3,K5)**

1.6 ,Expectations and client's behavior.**(K2, K4,K5)**

Unit II: Different Approaches of Counseling
2.1 **:** Approaches **(K2,K3,K4,K5)**

2.2, Over view of alternate approaches: yoga, meditation, storytelling,, psychodrama, medical clowning **(K2,K3,K4,K5,K6)**

2.3 Art therapy **(K2,K3,K4)**

2.4 Laughter therapy **(K2,K3,K4)**

2.5 Movement therapy. **(K2,K3,K4)**

2.6 .Need for eclectic approach to Counseling **(K2,K3)**

Unit III: Types and Techniques of Counseling
3.1 Types **(K1, K2,K3)**

3.2 Directive counseling, non-directive counseling (**K2,,K4,K5)**

3.3 Individual counseling, , **(K2, K3,K4,K5)**

3.4 Group counseling, community counseling **(K2, K3,K4,K5)**

3.5 Peer counseling **(K2, K3,K4,K5)**

3.6**.** Counseling Techniques: Initiating contact, intake, rapport building, establishing structure, interaction, attending behaviour, observation and responding, SOLER .

(K2,,K3,K4,K5,K6)

Unit IV: The Eagan Model of Counseling:
4.1 Stage-I Problem exploration and clarification. **(K2,K4,K5)**

4.2 Part I – Attending and listening, orienting oneself to the present, Micro skills- active listening- verbal and non- verbal messages and behaviour **(K2,K4)**

4.3 Part II – Helper's response and clients self -exploration, Helper's skills – accurate empathy (primary level), respect, genuineness, concreteness, client's skills- self exploration.

S **(K2,K4,)**

4.4 Stage -2: Integrative understanding/ dynamic self-understanding, Part-I focusing, summarizing, probing for missing experiences, behaviour feelings. **(K2, K4,K5)**

4.5, Part II- Helper's skills- Skills of stage- 1 self- disclosure, immediacy, confrontation, Client's skill – non- defensive listening, dynamic self – understanding. **(K2 K3,K4,K5)**

4.6 Stage -3: Facilitating action; developing new perspectives; preferred scenario, Part 1- helping clients see alternatives; choose and formulate action plan, implement evaluate. **(K2,K3,K4,K5,K6)**

Unit V: Counselling in Different Settings
5.1, Marital, family, HIV/AIDS, Pastoral Counseling **(K2, K3,K4,K5)**

5.2 Student Guidance and Counseling, career guidance and grief counseling, (K2, **K3,K4,K5,K6)**

5.3 Counseling suicidal clients, gerontological counseling (**K2,K3,K4,K5)**

5.4 Adolescent counseling **(K2,,K3,K4,K5,K6)**

5.5 De-addiction counseling and disaster counseling **(K2, K3,K4,K5)**

5.6 Correctional Counselling **(K2, ,K4,K5)**

Books for Reference:
1. Association of Psychological and educational counsellor of Asia (APECA, 198) Counseling in Asia, Perspectives and practices.

2. Bianca cody Murphy, Carolyn Dillion(2003): interviewing in Action Relationship,Process and Change. 2nd Ed, USA: Thompson Brooks/ cole.

3. Colin feltham (2010): Brief Counselling, New Delhi: Tata McGraw Hill.

4. David R. Evans, Margret T. Hearn, Max R. Ullamann& Allen E. Ivey (2008). Essential interviewing: A Programmed Approach to Effective Communication, USA: Thompson Brooks/Cole.

5. Dalaganjan Naik,(2004): Fundamentals of Guidance and Counseling. Delhi:Adhyayam.

6. Gibson L.Robert & Mitchell, (2008): Introduction to Counseling and Guidance.Prentice Hall of India.

7. Jacobs E, Masson L, Harvill L.(1998): Group Counseling Strategies and Skills. USA: Brooks/ Cole Publishing Company